



POOLE SWIMMING CLUB

Affiliated to: A.S.A SW Region, D.C.A.S.A, R.L.S.S.

Founded 1931

Swindon open meet 16/17 January

7 swimmers went to Swindon and made the club very proud. Congratulations to Rachel Bolden who achieved two RQT in 400im on 5'46"34 and 200bk on 2'40"60. Jacob Peters also achieved the 200bk RQT although he's still 9 year old, swimming 3'04"66!

Georga Harrison came very close to get her first RQT, only missing by 0.2 in 200 free and 0.08 (!) in 200bk. NO WORRIES, I'm sure you'll get them at the Dorsets in Feb ☺ Georga also came first in the 9yr category swimming 400free on 5'59"24.

Lewis Winter got 100% pb's and improved his 200bst time by 2 seconds 3'11"89. Matthew Cochrane also did very well demonstrating a great 200bk on 3'19"35 (13" pb's) and 200im 3'31"55 (10" pb's). Hayley Goddard is still an amazing diver and has a great start! Hayley did her best considering her shoulder injury and got a well deserved pb in 200 free 2'57"22.

Joseph Miles improved his 200 and 400free by 15 seconds each, 2'45"95 and 5'57"50. However Jo was extremely disappointed when the referee told him he wasn't allowed to swim with his hockey stick! Sorry Jo, wrong sport... ☺

Robin