



# POOLE SWIMMING CLUB

Founded 1931

## ASA SOUTH WEST Age Groups 19/20 June 2010

Thanks and congratulations to our swimmers for their brilliant results!

Harry Kemp won the 200 IM (2'56''03) and the 400 IM (6'13''11), came 2<sup>nd</sup> in the 100 Fly (1'20''48) and got 2 club records (200free and 100 fly).

Todd Price got his 100 fly National time 1'05''17, came 3<sup>rd</sup> in the 400 IM 5'12''90 and got 10 club records (200free 13/14/15yr, 100 fly 13/14/15/16/17yr, 200 IM 13/14yr and 400 IM 13/14/15 yr).

Bradley Currie won the 800fs (10'25''83) and got the club record in the same event.

Jessica Richens wasn't satisfied with her first finals last weekend and decided to take it to the next step by getting her first bronze medal in the 200 IM (3'01''86). She came 4<sup>th</sup> in the 100 breaststroke and improved her time by 2'': 1'34''87.

Emily Clarke came 3<sup>rd</sup> in the 800 free improving her time by 11'' (10'08''49) and got 3 club records (400IM: 5'32''32, 12/13/14 yr).

Maddy Kemp got the 100 fly club record (1'14''97 11/12 yr).

Congratulations on their finals to Sophie Eaton 100 bst (8<sup>th</sup> 1'27''04), Bradley Currie 200 free (4<sup>th</sup> 2'28''10) and Harry Moore (4<sup>th</sup> 100 fly 1'23''04).

Kiran who got his 200 bk NQT a few weeks ago was the only swimmer not tapered for the Westerns. Despite the heavy load of training at the swim camp (55km) Kiran qualified for the 200bk final and came 5<sup>th</sup> in 2'45''06. Well done Kiki!

Congratulations for their pb's to Kyran Yeatman who improved his 200bk 2'33''54 and Alisha McKirdy 100bk 1'21''22. Well done to Inez Griffin, Luke Horton, Daniel Monk and Jade Norman for their swims. I also wish to congratulate Georga Harrison who despite a broken thumb did very well for her first time at the Regionals.

BAGCATS results: Harry Kemp 2<sup>nd</sup>, Bradley Currie 3<sup>rd</sup>, Jessica Richens 3<sup>rd</sup>, Todd Price 4<sup>th</sup> and Kiran Olenicz 7<sup>th</sup>.

Robin



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## WESTERNS REPORT

The results this season in both Youth and Age Groups were outstanding, the number of swimmers (28) qualified were beyond what I expected (20-25) and I feel very happy for the swimmers and Poole SC.

There is no doubt that the pb's gained by our youth swimmers will contribute to a stronger and faster Team at the Arena League and in time to NQT's as well.

As for the Age Group swimmers, it's been a long time since we had such results: 33 club records broken, 2 NQT's and 14 medals: 4 Gold's, 6 Silver's and 4 Bronze's!

As I write this report I want to congratulate and thank all the swimmers for their commitment and hard work, the parents for supporting their children and the coaching staff for their help.

The season isn't over yet, we still have the Junior League and of course the Nationals in July/August for 3 swimmers. That means back to hard work ☺ for everyone!!!

Targets are simple: pb's, finals and medals for Kiran Olenicz, Todd Price and Courtney Rowan at Sheffield. For the other swimmers, more hard work to get RQT's and NQT's for next season ☺ (yes it does start today!).

### Medal Table Westerns 2010

NAME	NQT	GOLD	SILVER	BRONZE	TOTAL
Todd Price	2		2	1	3
Harrison Kemp		2	3		5
Bradley Currie		2			2
Emily Clarke			1	2	3
Jessica Richens				1	1
<b>TOTAL</b>	<b>2</b>	<b>4</b>	<b>6</b>	<b>4</b>	<b>14</b>

**NQT: National Qualifying Times**